

Whole Wheat Carrot Cake

By Kathy Oaks

Prep time: 10 minutes
Cook time: 20 minutes

Serving size: 12
Calories per serving: 633



Ingredients:

Cake:

3 cups shredded carrots
2 cups brown sugar
1 1/2 cups oil
4 eggs
2 teaspoons Mexican vanilla extract
2 cups whole wheat flour
1 tablespoon cinnamon
2 teaspoons baking soda
1 teaspoon salt

Frosting:

1 (8-ounce) package cream cheese
1/2 cup softened butter
2 teaspoons vanilla extract, clear if possible
1 dash salt
powdered sugar enough to make frosting

Directions:

Mix together wet ingredients and sugar first in the Bosch Universal Plus with the whips. Add dry ingredients and just moisten and bake at 325°F for 30 min. until done. Frost when cooled.