SUGAR PLUMS - (in a Bosch Meat Grinder)

Attach the meat grinder to the Bosch Universal and use the 4.5 mm grinding disc that comes with the basic meat grinder.

Grind: 1 cup raisins 1 cup pitted dates 1 cup prunes

Mix in by hand: ¼ cup milk powder ¾ cup flour ½ tsp. cinnamon ¼ tsp. allspice ¼ tsp. nutmeg Dash of cloves 1 Tbsp. lemon juice

Roll into small balls and roll in chopped nuts (walnuts, almonds etc.), graham cracker crumbs or dessicated coconut.

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