

Pumpkin Protein Shake

Turn your protein shake into a delicious pumpkin treat! Healthy, satisfying, and super tasty!

Ingredients

- 1 cup Silk unsweetened almond milk
- ½ cup pumpkin puree (not pumpkin pie filling)
- 1 teaspoon honey, agave nectar, or sweetener of choice
- 1 scoop vanilla protein powder
- ½ teaspoon pumpkin pie spice
- 1 medium banana
- 6 ice cubes

Instructions

1. Add all ingredients to the RPM Smart Blend blender and process until well combined. Taste and adjust sweetener, if desired.

