MagiMix Spiralized Spaghetti and Pumpkin Sauce

10 large carrots (800 g)
1 garlic clove
1 shallot
8 slices of smoked ham
100 g crumbled ricotta cheese
Salt, pepper

FOR SAUCE

1 cup pumpkin purée (frozen or home-made)2/3 cup whipping cream2 tbsp olive oil 1 tsp grated nutmeg

