KANSAS CITY BARBECUE SAUCE

FROM: DELICIOUS MEETS NUTRITIOUS – THE XAGAVE COOKBOOK

(Half the calories of traditional BBQ Sauce!)

2 cups tomato sauce

½ cup water

½ cup balsamic vinegar

1/3 cup Xagave

1/2 Tbsp onion powder

1/2 Tbsp garlic powder

½ tsp salt

1 Tbsp yellow mustard

1/4 cup Worcestershire sauce

Using your <u>Bosch Blender</u>, combine all the ingredients and blend until smooth. Pour into a sauce pan and bring to a boil. Immediately reduce to a simmer and allow to simmer for 45 minutes of until desired level of thickness is achieved.

Store in refrigerator for up to 3 weeks

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