

Hummus Mediterranean Style

4 garlic cloves

-2 cups canned chickpeas, drained, liquid reserved

-1 1/2 teaspoons kosher salt

-1/3 cup tahini (sesame paste)

-6 tablespoons freshly squeezed lemon juice (2 lemons)

-2 tablespoons water or liquid from the chickpeas

-8 dashes hot sauce

Process with chopping blade, in a food processor until smooth.

